

# Health for Underprivileged

On January 2008, Dr. Maksud Chowdhury, DCI Patron, officially inaugurated DCI's 1<sup>st</sup> Urban Health Care Clinic (Health Program for Underprivileged). The clinic is based in the Mohammadpur slum area in Dhaka. Dr. Ehsan Hoque, DCI Executive Director, Mr. Md.Abdul Mazid, Chairman, National Board of Revenue (NBR), and other local authorities were also present for the ceremony. This is an initiative of Mr. Tazin Shadid, DCI's Washington State representative.



Dr. Maksud Chowdhury, DCI Patron giving speech at the opening ceremony of DCI's 1<sup>st</sup> Health for Underprivileged Clinic.



Mr. Tazin Sadid, DCI Washington representative giving speech in the opening ceremony

Although there many expensive clinic and hospitals all over Dhaka there are almost no affordable health care facility for thousands of desperately poor people living in the slum areas. DCI's Health for Underprivileged program was created for these people.

## **Program Objectives:**

- To provide curative free and low cost health care services to poor and underprivileged people in urban slum areas.
- To raise awareness on primary health and sanitation among underprivileged people in urban slum areas.
- To develop community health and sanitation cadres.
- To provide pre-natal care to pregnant women to ensure safe deliveries and to decrease mortality rate of new born babies and pregnant mothers.
- To reduce common and water borne diseases in the slum area

## **Program Outcome:**

This project will benefit approximately 600 families living in nearby slums.

### **Steps of Operation:**

1. Set up a health service center in slum area or close to slum area.
2. Hire doctors and assistant to see patients
3. Hire field officer, project coordinator to oversee activity of the clinic
4. Give free treatment or treatment with nominal charge to the slum residents
5. Give counseling on health and hygiene related issues to slum residents
6. Develop community health and sanitation cadres.

### **Daily Operation:**

The Clinic is running five days a week (Saturday to Wednesday) from 9.00am to 1:00pm. Presently we have one doctor (Dr. Ishtique Ahmed Zahid) and an office assistant working in this clinic.

On average, everyday we have 15/20 patients. In the last 6 months we gave treatment to a total of 1137 patients. The majority of the patients are children and women.



Doctors are giving treatment at DCI's Health for Underprivileged Clinic

### **Common Diagnosis of the Patients:**

Fever, Cough & Cold, Scabies, Eczema, Dermatitis, Respiratory Tract infections, General Weakness, Boils, Urinary Tract Infections, ARI, Neck pain, Cut Injury, Ring worm, Dysentery, Diarrhoea.

Following are the medicines that were given so far,

- Cap. & Syp. Fimoxyl
- Tab. & Syp. Quinox(500 mg)
- Cap. & Syp. Histacin
- Topicort Ointment
- Scabis Ointment
- Neotack(150mg)

- Antacid Plus
- Neosten Ointment
- Cap. & Syp.Flucloxiceline
- Paracetamol
- Napa
- ORS
- Amodis(500)
- Flazyl
- Syp.Cotrim
- Syp.Piriton
- Cap.B-50 forte
- Stemetil(5m)
- Econate Cream
- Perkinil(5m)
- Tetrax(500mg)
- Alben DS
- Ventolin
- Motigut
- Sedil(5m)
- Flugal(50mg)